## 5K Run/Walk

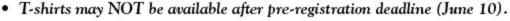
Friday, June 17, 2016 CHECK-IN starting at: 6:15 pm

RACE TIME: 7:15 pm.

STARTING LINE: Grove Street; in front of Starlite Ballroom

FEE: Includes Refreshments and Tee Shirt — \$20.00 18 yr old and under; \$25.00 19 yr of age and over.

Proceeds will be placed in Crane Creek Trail Inc. fund for further trail development. We have exciting news as the first phase of our trail project will begin later this summer in Highland Park.



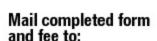
- Refreshments included in entry fee.
- Special awards will go to the participants wearing the best Kickin It Irish-themed "get up."

CONTACT: Debi Speltz @ 641-330-2136; or speltzd@iowatelecom.net, OR Gail Stammeyer @ 641-330-0392 or stam\_fam@hotmail.com

**Entry Form** 



http://www.lawleririshfest.com



Debi Speltz P.O. Box 162 Lawler, IA 52154

Please make your fee check payable to: Crane Creek Trail, Inc.

Cut along dotted line, and send bottom portion with entry fee payment to address above.

Indicate t-shirt size, if pre-registering: XS S M L XL XXL (please circle)

## WAIVER

I am entering the Lawler Irish Fest 5K Run at my own risk. I hereby for myself, my heirs, executors and administrators waive and release any and all right and claim for damages I may have and all injuries suffered. I certify that I am in good physical condition.

		AGE:	SEX: M F
Signature / date	(please print)		(please circle)

Signature / date of parent or guardian if under 18 years

